



Tuning In: Psychic Development Level One

~ Offered as an 8-week Evening Program or as a Weekend Intensive ~



Each session will feature new tools, practice exercises and guided meditations. Depending on the interests and experience of the participants, other tools and techniques may be explored. The program is lead by Roz Shakespeare and Della Ratcliffe.

Session One

Introduction

- Overview of program, Q & A
- Course journal / 3 ring binder, and how to use
- Introduction to Energy, Protection and Intention
- Psychic First Aid

Session Two

Protection

- Introduction to energetic boundaries / protection, using techniques such as shawls / colours / images / stones
- Safe practices / unsafe practices / shadow side / Ouija

Guided Meditations

- Introduction to guided meditations and shamanic journeys

Session Three

Energy / Chakras

- Intro to chakras, using various techniques (colour swatches, stones, candles, pendulums)
- Identify what's open/closed, what happens if a chakras is open/closed, etc

Practice Session

Session Four

Introduction to Divination, "the Clairs"

- Your divination toolbox (e.g. cards, wands, stones, psychometry)
- Different forms of sensing / divination - clairvoyance, clairaudience, clairsentience, clairgustience, clairaroma

Practice Session

Session Five

Introduction to Mediumship

- Creating intention in readings
- What to do, what not to do

Practice Readings

Session Six

Spirit Art

- Create your Journal Cover Art

Spirit Guides

- Finding your spirit guide , creating relationship with your guide(s)

Continued Practice

- Mediumship, Divination Tools

Session Seven

Spirituality

- Past lives, past-life journeys
- Fears / phobias / karmic patterns
- World spirituality – gurus, priests, shamans
- Calling on your guides, wisdom council

Practice Session

Session Eight

Continuation of Practice

- Practice readings in pairs
- Practice work / other disciplines

Intro to reading list

What happens now? What happens next?

- Daily practice recommendations such as journaling, meditation, etc

Cost: \$ 175 + GST

This course will be held at
The Vibrant Group
12 – 2910 Commercial Drive, Vancouver BC

This course is offered throughout the year, and as a weekend intensive.

Next start dates:

7 - 9 pm Wednesdays
September 17th – November 5th

Weekend Intensive: October 24th – 26th

To register, or for more information, please contact:

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